

CHEERLEADERS CONSTITUTION

The Cheerleading Squad shall be known as the MRYC Cheerleaders.

Purpose: It shall be the purpose of the MRYC Cheerleaders to promote and uphold team spirit for those we encounter, to develop good sportsmanship by example, to support good relations in the community and between teams and squads during events.

Eligibility: A candidate must be neatly presented, medically fit, and between the ages of 9-12. We accept all candidates as long as the squad rules are complied by.

Attendance Requirements: Cheerleaders will attend all practices and games unless coach is notified in advance. All coaches and cheerleaders are required to attend the cheer clinic.

Duties and Responsibilities of Coaches: The coaches are responsible for ensuring the safety of the cheerleaders at all times. An emergency contact list is kept up to date and present at all times. A coach will remain until the last child is picked up by her parent/guardian. You must be notified prior to the event if someone other than the parent/guardian will pick up the child. Make sure that each child warms up before practices and games. Safety always comes first.

Practice Schedule: It is up to the individual squad coach to set up practice times and places. Practices for the Championship game (3-4) will be held on Saturday mornings or Sunday afternoons. The girls are required to attend these practices to be able to perform at the Championship game. We do our best to try and accommodate everyone's schedule.

Uniforms and Practice Wear: Cheerleaders in uniform or wearing any item with the team name must always conduct themselves in a manner becoming to a lady. During cold weather a long sleeved white turtleneck and/or skin colored tights may be worn with the uniform. The cheerleader is required to wear white tennis shoes and ankle socks with their uniform to all events. Wear clothing that is non-restrictive to all practices with tennis shoes.

Appearance: For safety reasons jewelry or watches should not be worn with uniform or at practice, except for small stud earrings. Uniforms must be kept spotless at all times. Make-up, if worn, should be natural and not excessive. All hairstyles must be neat and secured up out of the face. Cheerleaders should always look their best.

Conduct: Squad members are required to maintain and uphold the reputation of the MRYC Cheerleaders through their own conduct and squad spirit. Members are required to be courteous, polite, friendly, and try to smile for everybody. All cheers and chants shall be of a positive and sportsmanlike manner. Members will make every attempt to ignore or dissuade negative responses at events and not become involved in such action themselves. Parents will follow Code of Conduct at all times.

Disciplinary Action: It shall be squad policy that disciplinary action will only be invoked as a last resort and that every reasonable attempt will be made to avoid situations likely to lead to such action through squad discussion and positive encouragement, by example, and by finding ways and means to correct negative trends. A cheerleader may be dismissed from the squad if excessive and irreconcilable disruptive influence on the squad, conduct likely to bring the squad or team reputation into disrepute and as otherwise deemed necessary by coach.